

2024

HUMAN ECOLOGY AND FAMILY SCIENCES

(Theory)

Full Marks : 70

Pass Marks : 21

Time : Three hours

All the questions are compulsory.

The figures in the right margin indicate full marks for the questions.

For Question Nos. 1 to 7, select the most appropriate one from the given alternatives A, B, C, and D and rewrite the same.

1. Which of the following is the entry level in Kasturba Gandhi

Balika Vidyalaya?.

1

A. Class I

B. Class III

C. Class VI

D. Class IX

2. Where was the Poshan Abhiyaan or PM's overreaching scheme for Holistic Nutrition launched?

1

A. Uttar Pradesh

B. Rajasthan

C. Punjab

D. Madhya Pradesh

3. Which one of the following belongs to Semi-Perishable foods?
- A. Pulses
 - B. Oilseeds
 - C. Onions
 - D. Meat
4. Early childhood is the phase of life from_____ 1
- A. 0 – 2 years
 - B. 1 – 3 years
 - C. Birth till 8 years
 - D. Birth till 5 years
5. In which year was FSSAI established? 1
- A. 2019
 - B. 1986
 - C. 1990
 - D. 2006
6. Who is the head of the kitchen responsible for Planning, Organising and Controlling the kitchen operations? 1
- A. Chef-de-cuisine
 - B. Chef tournant
 - C. Chef-de-parties
 - D. Station chef

7. When was the Swatch Bharat Mission launched? 1
- A. 1969
 - B. 2004
 - C. 2010
 - D. 2014

Question Nos. 8 to 17 are very short answer type questions carrying 1 mark each.

8. Mention any one benefit of Ergonomics. 1
9. How can the occurrence of Protein Energy Malnutrition be assessed? 1
10. Define Functional foods. 1
11. Mention a method of improving the shelf life of fruits. 1
12. State one basic objective of ECCE as per NCF (2005). 1
13. Which is the first legal framework for giving justice to Children in India? 1
14. What are primary colours? 1
15. Name the Nationwide campaign for generating awareness about HIV/AIDS. 1
16. Give a skill which can help you become a better and effective communicator. 1
17. Write a major area of communication activity? 1

Question Nos. 18 to 27 are short answer type II questions carrying 2 marks each

18. What is Mechanical Soft Diet? Give example. 2
19. State any two underlying causes of under nutrition at household/family level. 2
20. List any two skills an early childhood professional must have. 2
21. As a student with the knowledge of fabric and apparel, how can you create emphasis in a garment? 2
22. Differentiate between Structural and Applied design. 2
23. What is Fashion Merchandising? 2
24. In the hospitality sector which aspects of laundry are taken utmost care? 2
25. Write are two essential features of Development Communication. 2
26. How does Community Radio act as the voice of the people? 2
27. Why is PR considered an important function or activity of any organisation? 2

Question Nos. 28 to 33 are short answer type – I questions carrying 3 marks each

28. Why are life skills important for livelihood? 3
- OR**
- Suggest three tips to improve work life. 3
 29. Suggest any three career Avenues your friend can opt for after completing a post graduate diploma in Dietetics with an Internship. 3

OR

- Suggest three requirements a professional clinical nutritionist or dietitian should have to be efficient in her field of work. 3
30. Discuss the significance of HACCP. 3

OR

- Explain why Good Manufacturing Practices (GMP) is important for food safety. 3
31. Enumerate the skills that a fashion design, merchandiser or marketer must possess in order to succeed in the field of fashion designing and merchandising. 3

OR

- Describe the three different stores which falls under fashion retail businesses. 3
32. Seema wants to open a Dry Cleaning shop. Suggest her any three primary requirement she should have in order to succeed in her endeavour. 3

OR

- Reena wants to buy a washing machine for her sister as a wedding gift. Inform her about three different types of washing machines available in the market. 3
33. Draw the Certification mark of Bureau of Indian standard. 3

OR

- Draw a diagram of Ecomark. 3

Question Nos. 34 to 36 are essay type questions carrying 5 marks each.

34. What are the significance of the study of Clinical Nutrition and Dietetics?

5

OR

Why do we need to process and preserve foods?

35. Discuss the knowledge and skills one will need in order to pursue a career in management of institutions and programmes for children/youth/elderly.

5

OR

Why are the elderly vulnerable? Enumerate three programmes operating in the country for the elderly.

2+3=5

36. Why is Housekeeping Department considered an important sector in the hospitality Industry?

5

OR

What is the importance of 'Front office' in a hotel?

6
